"Hope Lives in Prayer" Hope Part 3

#### Prayer is Communication with your Loving Heavenly Father

Prayer is the catalyst to overpower fear and anxiety
Prayer strengthens your connection with God,
Prayer develops your faith.
Prayer gives you confidence

"Ask and it will be given to you; seek and you will find; knock and the door will be opened to you.<sup>8</sup> For everyone who asks receives; he who seeks finds; and to him who knocks, the door will be opened.

<sup>9</sup> "Which of you, if his son asks for bread, will give him a stone? <sup>10</sup> Or if he asks for a fish, will give him a snake? <sup>11</sup> If you, then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give good gifts to those who ask him!

Matthew 7:7-11

#### Prayer has the power to change us

## You can <u>trust</u> your Heavenly Father will do what is <u>best</u>





# Knock with persistence

### **<u>Prayer</u>** is talking to <u>God</u> and seeking <u>His will</u>

Prayer transforms me from <u>anxiety</u> and <u>fear</u> to <u>hopefulness</u> and <u>peacefulness</u>

"Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. <sup>7</sup> And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."

Philippians 4:6-7