

Jonah 2:1-9

"From inside the fish Jonah prayed to the LORD his God. ² He said: "In my distress I called to the LORD, and he answered me. From the depths of the grave I called for help, and you listened to my cry. You hurled me into the deep, into the very heart of the seas, and the currents swirled about me; all your waves and breakers swept over me. I said, 'I have been banished from your sight; yet I will look again toward your holy temple.'

The engulfing waters threatened me, the deep surrounded me; seaweed was wrapped around my head. To the roots of the mountains I sank down; the earth beneath barred me in forever. But <u>you brought my life</u> <u>up from the pit, O LORD my God.</u> "When my life was ebbing away, I

remembered you, LORD, and <u>my prayer rose to you</u>, to your holy temple. "Those who cling to worthless idols forfeit the grace that could be theirs. But I, with a song of thanksgiving, will sacrifice to you. What I have vowed I will make good. Salvation comes from the LORD."

To Share ______, You have to ______

Even if it looks like _____; God Is _____;

"And the LORD commanded the fish, and it vomited Jonah onto dry land." Jonah 2:10

"Praise be to the God and Father of our Lord Jesus Christ! In his great mercy he has given us new birth into a <u>living hope</u> through the resurrection of Jesus Christ from the dead," 1 Peter 1:3

Through _____;

God offers ______ a _____ in _____

Questions to Ponder: use these with your family, Life Group, with friends or in prayer;

- 1. In your own words, how would you describe grace?
- 2. In what ways can you relate to Jonah?
- 3. What is evidence of God's grace in your life?
- 4. What connections do you see between the rescue of Jonah and the resurrection of Jesus?
- 5. How can repentance bring us closer to God?