



New Hampton Community Church

October 2, 2022

“How to Not Worry”

Part 5 of “Hope for Everyday”

“Therefore I tell you do not worry Matthew 6:25

“You cannot serve both God and Money. Matthew 6:24

“Therefore I tell you do not worry about your life, what you will eat or drink ; or about your body , what you will wear . Is not life more important than food, and the body more important than clothes?

Matthew 6:25

“Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.” v. 34

²⁶ Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? ²⁷ Who of you by worrying can add a single hour to his life? Matthew 6:26-27

➤ Concern focuses on _____ and _____ to _____

➤ Worry focuses on what is _____, resulting in _____

➤ What you _____ about the _____,
○ reveals where you _____ the _____

“But seek first his kingdom and his righteousness, and all these things will be given to you as well.” Matthew 6:33

➤ Worry Points to = IS _____ really _____ ?

One of these 3 things _____ Happen with
what you are _____ about;

➤ What you are worried about ... will _____
_____ will _____ you of Your _____ = _____

➤ What you worry about _____, _____ as you _____

➤ What you worry about may happen and _____

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Matthew 6:33