



New Hampton Community Church

October 16, 2022

“Hope Through Trauma”

Part 7 of “Hope for Everyday”

Three basic types of trauma;

- _____ ;
- _____
- _____

How do we *Heal* from trauma?

“Joseph said to them, “Don’t be afraid. Am I in the place of God? ²⁰ You intended to harm me, but God intended it for good to accomplish what is now being done, the saving of many lives.” Genesis 50:19-20

“Saul, why are you persecuting me?” ⁵ And he said, “Who are you, Lord?” And he said, “I am Jesus, whom you are persecuting. ⁶ But rise and enter the city, and you will be told what you are to do.” Acts 9:4

➤ You must _____ the _____

➤ _____ the _____ of our _____

“Are they servants of Christ? (I am out of my mind to talk like this.) I am more. I have ... been flogged more severely, and been exposed to death again and again. ²⁴ Five times I received from the Jews the forty lashes minus one. ²⁵ Three times I was beaten with rods, once I was stoned, three times I was shipwrecked, I spent a night and a day in the open sea, ²⁶ I have been constantly on the move.” 2 Corinthians 11:23 -28

“We were under great pressure, far beyond our ability to endure, so that we despaired even of life. 2 Corinthians 1:8-9

➤ Prayerfully _____

“Three times I pleaded with the Lord to take it away from me. But he (God) said to (Paul) me, “My grace is sufficient for you, for my power is made perfect in weakness.” Therefore I will boast all the more gladly about my weaknesses, so that Christ’s power may rest on me. “That is why, for Christ’s sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong. 2 Corinthians 12:8-10

❖ Nothing can change _____

❖ But God CAN _____ your _____

“The LORD is close to the brokenhearted and saves those who are crushed in spirit.” Psalm 34:18

➤ Pursue _____ in _____

“Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, ⁴ who comforts us in all our troubles, (WHY) so that we can comfort those in any trouble with the comfort we ourselves have received from God. 2 Corinthians 1:3-4

“we know that in all things God works for the good of those who love him, who have been called according to his purpose.” Romans 8:28

➤ Pursuing God for _____ – is _____ !