

***“What to do When you Feel Abandoned”***

*“In this world you will have trouble, but I have overcome the world” “I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world”*

*John 16.33*

*From the sixth hour until the ninth hour darkness came over all the land. <sup>46</sup> About the ninth hour Jesus cried out in a loud voice, “Eloi, Eloi, lama sabachthani?”—which means, “My God, my God, why have you forsaken me?”*

*Matthew 27:45*

## *Three responses for when you feel abandoned by God*

➤ *Remind yourself God loves you and is with you*

*“Keep your lives free from the love of money and be content with what you have, because God has said, Never will I leave you; never will I forsake you.”*

*Hebrews 13:5*

*“Teach these new disciples to obey all the commands I have given you. And be sure of this: I am with you always, even to the end of the age.”*

*Matthew 28:20*

***“This High Priest of ours understands our weaknesses, for he faced all of the same testings we do, yet he did not sin. <sup>16</sup> So let us come boldly to the throne of our gracious God. There we will receive his mercy, and we will find grace to help us when we need it most”***

***Hebrews 4:15 – 16 NLT***

***“Now we see things imperfectly, like puzzling reflections in a mirror, but then we will see everything with perfect clarity. All that I know now is partial and incomplete, but then I will know everything completely, just as God now knows me completely.”***

***1 Corinthians 13:12***

***“God causes everything to work together for the good of those who love God and are called according to his purpose for them.”***

***Romans 8:28 NLT***

Turn Why God into What God

*“Even though Jesus was God’s Son, he learned obedience from the things he suffered”*

*Hebrews 5:8*

***“So to keep me from becoming conceited because of the surpassing greatness of the revelations, a thorn was given me in the flesh, a messenger of Satan to harass me, to keep me from becoming conceited. <sup>8</sup> Three times I pleaded with the Lord about this, that it should leave me. <sup>9</sup> But he said to me, “My grace is sufficient for you, for my power is made perfect in weakness.” Therefore I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me.”***

***2 Corinthians 12:7-9***





*God, What do you want to do through me?*

***“...fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God”***

***Hebrews 12:2***

*When you can't see God's hand;  
Trust God's faithfulness*

*“Jesus called out with a loud voice, “Father,  
into your hands I commit my spirit.”*

*Luke 22:46*

***“For no matter how many promises God has made, they are “Yes” in Christ. And so through him the “Amen” is spoken by us to the glory of God”***

***2 Corinthians 1:20***

***“Never will I leave you; never will I forsake you”***

***Hebrews 13:5***

***“And we know that in all things God works for the good of those who love him, who have been called according to his purpose”***

***Romans 8:28***

**...” Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us...”**

**Ephesians 3:20**

**“And my God will meet all your needs according to the riches of his glory in Christ Jesus”**

**Philippians 4:19**

**“Because of the LORD’s great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness.”**

**Lamentations 3:22-23**