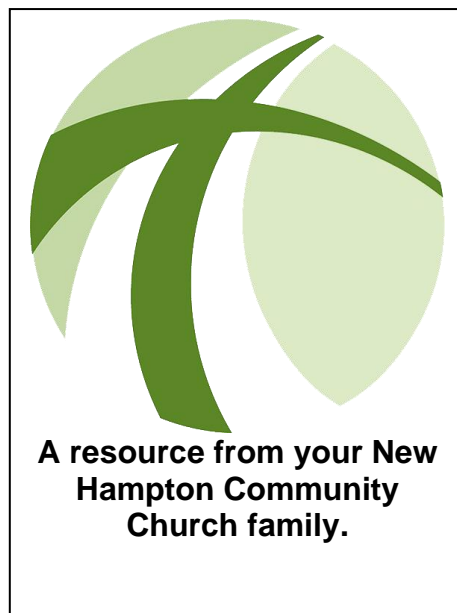




# parenting CHRISTIAN kids



## God Created You With a Purpose

### POWERSOURCE

#### ASK JESUS:

1. To help your children realize they are wonderfully made—in God's image.
2. To remind family members they each have a God-given purpose.
3. To reveal his plans for each person, no matter his or her age.

Because January is a time for new beginnings, let's go back to the *very* beginning. Genesis, the Bible's first book, starts with the words "In the beginning, God created the heavens and the earth." Over six days, God made the entire world and everything in it.

Young children are usually intrigued by the creatures God fashioned to fill the air, water, and land. Most children's Bibles colorfully depict the variety of marvelous animals God made. Yet it's also important to emphasize God's final creative act before resting was making people in his own image.

Humans weren't just God's grand experiment; instead, our Creator has a specific purpose and plan for

each of his beloved children. As kids grow, they often wonder, "Why am I here?" or "What am I supposed to do with my life?"

The main reason God created people is because he wants to have a relationship with us. Our ultimate purpose is to love God and to believe in his Son, Jesus. By growing closer to God through his Word and through prayer, we can begin discovering what specific plans he has in store for our lives. As Ephesians 2:10 (NLT) says, "We are God's masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago."

Read on for some active experiences that reinforce what God made and how he created us with a purpose.

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Real. Bold. Love.

## Everything God Made Is Good!

After creating the world, God called it good. What an understatement! In fact, God's work is *incredible!* Whether you look at creation up close or from far off, you must admit it's amazing. God thought up the tiniest bug and the largest planet. And he created people—not merely to populate his world but to share him and his love with others. We've never needed God's love more. Although human sinfulness marred his perfect world, God never gives up on us. Instead, he faithfully continues working through his imperfect creations to fulfill a perfect plan.



### TEACHABLE MOMENTS

#### God's Plan Boxes

You'll need a Bible, one medium-size box per family member, wrapping paper, and decorating supplies such as markers and stickers. Decorate your boxes, making sure they still open.

Afterward, say: **Let's store in these boxes reminders of how God uses challenges to do great things in our lives. For example, you can add a ribbon from a sports event to remind you of the satisfaction that comes from practice. Or you can include a note of encouragement you receive.**

Read aloud Psalm 33:11. Ask: **What does this Bible verse say about God's plans for you? What are some amazing things God has already done in your life?**

Read aloud Psalm 40:4-5. Ask: **Why do you think God takes the time to make plans for each of us? Why is it important to follow God's plan?**

Close in prayer, thanking God for making each of you "on purpose."

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**Time to Create!** Make clay by squishing together for five minutes 1 cup flour, 1/3 cup salt, and 1/3 cup tap water. Create a never-seen-before animal or plant. Name the creation and compare it to something God made in Genesis 1.

**Wonderfully Made** Read out loud Psalm 139:14. Call out body parts, and have family members name good uses for each one. For example, "God gave me hands to help others," or "I use my ears to listen to teachers." Then hold hands and repeat the first part of the verse four times.

**Creation Snack Mix** Make a treat to represent what God created:

Day 1: Light and dark (*mini Oreo cookies*)

Day 2: Sky and ground (*Frosted Mini-Wheats cereal*)

Day 3: Trees, grass, and flowers (*stick pretzels, green and red M&M's candies*)

Day 4: Sun, moon, and stars (*orange and yellow M&M's candies*)

Day 5: Birds and fish (*Goldfish crackers*)

Day 6: People, plus all animals that walk on the ground (*animal cookies*)

Day 7: God rested (*marshmallow "pillows"*) and saw that everything he made was good (*enjoy!*).

**Follow God's Plans** Cut a large red paper heart into 10 pieces. Put each piece in a separate envelope. Tape five envelopes in easy-to-see places and five in hard-to-see places (inside cabinet doors or under chairs). Tell family members to search for 10 envelopes while following your traveling instructions (hop, tiptoe, crawl, etc.). Lead the group to all the envelopes, then assemble the pieces. Ask: "How does God show us his love?" Read aloud Jeremiah 29:11. Say: "God loves us and has good plans for us. If you hadn't followed my instructions, you wouldn't have found all these pieces. Let's follow God so we don't miss the great things he has planned for us!"

**A Perfect Plan** Display a globe. Say: "We can see only a small part of the world at a time, but God always sees his entire creation—and has a plan for every creature." Ask what jobs God gave cows, dogs, and mosquitoes. Say: "Although they're pesky to us, mosquitoes even have a place in God's world, as food for bats and birds." Read aloud Psalm 89:11. Say: "This Bible verse reminds us that God has a plan for everything he made—even mosquitoes!" Put your hands on the globe and pray, thanking God for the whole world.

"For I know the plans I have for you," says the Lord. "They are plans for good and not for disaster, to give you a future and a hope."  
—Jeremiah 29:11