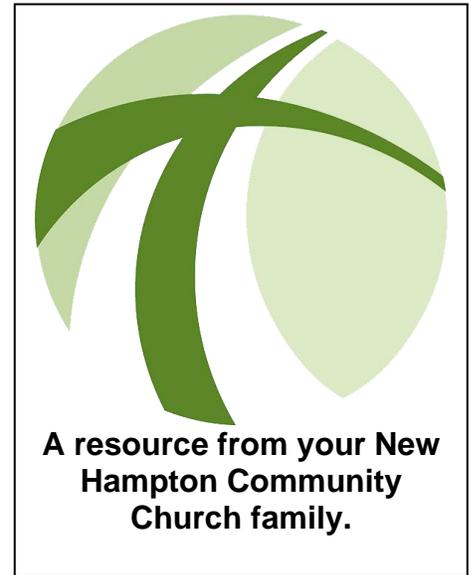


November

parenting CHRISTIAN kids



Help Your Kids Develop a Heart for Service

POWERSOURCE

ASK JESUS:

1. To help you incorporate service into your family's "culture."
2. To broaden your ideas about what constitutes service—and how your kids can serve.
3. To help your family members find joy in serving others.

Despite being the One True God and the King of kings, Jesus humbled himself to become our Savior. By serving us here on earth, Jesus modeled how we are to lovingly serve others.

Serving is a privilege—one people of all ages can engage in daily. Major projects and trips aren't required!

When we teach children to serve, we're also teaching them to become servants for life. That's because kids who serve become adults who serve.

Consider these findings from the Independent Sector.

- Two-thirds of adult volunteers began serving as children.
- Adults who volunteered as

children give more money and volunteer more time than adults who began serving later in life.

- Across incomes and age groups, people who volunteered as children give and volunteer more than those who didn't.
- Those who volunteered as youth and whose parents volunteered became the most generous adults when it comes to giving their time.

This month, as your family focuses on thankfulness and blessings, put your faith and gratitude into action by serving each other—and Jesus.

Read on for fun, practical ways to build serving into everyday life.

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Make Serving a Way of Life

Fitting big service events into busy family schedules isn't always possible. The good news is that not every service project must be "XXL." The truth is, Jesus loves and honors service of *every* size. As we model giving aid and encouragement in our homes and beyond, children learn that service is a way of life, not necessarily just a single event. Use this list of ideas to jump-start your thoughts about how your family can serve. Just be warned: Coming face to face with human needs—and helping to meet them—is truly transformational! Hearts and lives are bound to change as you step out as a family and make a difference in Jesus' name.



TEACHABLE MOMENTS

Color Me Happy

You'll need new coloring books, crayons to use, and new boxes of crayons to give away.

Read aloud Acts 9:36-39 and discuss how Tabitha was always doing kind things for others and helping poor people. Say: **We can do something kind and colorful for children in need.** Talk about why kids might be in the hospital, as well as any experiences your family members and friends have had with illness or surgery.

Give each family member a coloring book. Say: **Serving other people adds color and joy to their lives, especially when they're going through a tough time. Let's make special gifts for kids in the hospital.**

Have family members each color the first page of their book and write a short message to the child who will receive it. (Younger kids may need help.) Together, pray for the recipients and then deliver the coloring books—along with new boxes of crayons—to a local hospital.

- Help a charitable organization prepare bulk mailings.
- Promote fund-raisers on behalf of a service agency.
- Paint furniture, walls, or items that don't need to be "perfect."
- Organize the canned and boxed goods at a food pantry.
- Gather and deliver items for people in need (examples include inmates' families and teenage or single moms).
- Paint over graffiti.
- Clean and organize give-away clothing closets.
- Sort through and organize donations given to agencies.
- Help prepare and serve food at a soup kitchen or hospice.
- Set up, serve, or clean up at any church or community event.
- Perform puppet shows, musicals, or concerts at shelters or nursing homes.
- Do yard work or general cleanup—from weed pulling to vacuuming—at any facility.
- Play with homeless children on day visits or sponsor a trip for kids in shelters.
- Visit the elderly and assist them with indoor or outdoor chores.
- Work at the Special Olympics.
- Prepare a picnic for your pastors and their families.
- Volunteer to clean the toys in your church nursery.
- Make care packages or sandwiches for people on street corners asking for help.
- Plant trees and shrubs at places that need some environmental care.
- Donate gently used toys to a group that gives them to children at Christmas.
- Help neighbors (without pay) by raking leaves, shoveling snow, putting away trash cans, washing cars, or walking dogs.
- Challenge kids to complete one act of kindness for each family member during the week.
- Read to young children or to people in nursing homes.
- Tutor or mentor children through an after-school program.
- Pack shoeboxes for Operation Christmas Child.
- Deliver cookies and thank-you notes to police officers, firefighters, and paramedics.
- Give family members a back rub (or foot rub!) after a long day of work or school.
- Pitch in together at a church work day and then grab pizza.
- After a natural disaster, donate money or needed items to the American Red Cross.
- Stock up on clearance-priced school supplies and paper goods you can donate.

"For even the Son of Man came not to be served but to serve others and to give his life as a ransom for many." —Mark 10:45

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