

"Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."

"Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable – if anything is excellent or praiseworthy – think about such things.
.... and the God of peace will be with you"

Philippians 4:6-9

Your life is always moving in the direction of your strongest thoughts

Where are your Strongest **Thoughts** leading you?



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Philippians 4:6-9



"Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is - is good, pleasing and perfect will."

Romans 12:2



Worry is the <u>sin</u> of <u>distrusting the faithfulness</u>, the promises, and the power of God



"Those who live according to the flesh have their minds set on what the flesh desires; but those who live in accordance with the Holy Spirit have their minds set on what the Spirit desires. The mind governed by the flesh is death, but the mind governed by the Spirit is life and peace."

Romans 8:5-6

- This is choosing God logically
- This is choosing God by faith
- This is logically choosing to trust God



"Cast all your anxiety (worries) on Him (God) because He cares for you." 1 Peter 5:7

- ☐ Do what I can do,
- ☐ Give God what I can't do
- ☐ <u>Trust God</u> no <u>matter</u> what



"For though we live in the world, we do not <u>wage war</u> as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have <u>divine</u> <u>power to demolish strongholds."</u>

"We <u>demolish arguments</u> and every pretension that sets itself up against the <u>knowledge of God</u>, and we <u>take captive</u> every thought to <u>make it obedient to Christ</u>."

2 Corinthians 10:3-5

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