



“Fix Your Thoughts”
Overcoming Mind Battles Part 2

“Do not conform to the pattern of this world, but be transformed by the renewing of your mind.”
Romans 12:2

❖ Most Of Life’s Battles are Won or Lost *In Your Mind*

“For though we live in the world, we do not wage war as the world does. ⁴ The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. ⁵ We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.”
2 Corinthians 10:3-5

❖ Every thought matters because your life is always **MOVING** in the direction of your strongest thoughts

“And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise. ⁹ Keep putting into practice all you learned and received from me—everything you heard from me and saw me doing. Then the God of peace will be with you.”
Philippians 4:8 -9 NLT

New King James ; **“if there is any virtue, if there is anything praiseworthy – meditate on these things.”**

➤ Meditation is To _____ One’s Thought

“I meditate on your precepts, and consider your ways.”
Psalm 119:15

“I remember the days of long ago; I meditate on all your works and consider what your hands have done.”
Psalm 143:5

➤ What _____ is holding you _____ ?

□ What _____ that stronghold

- _____ it
- _____ it
- _____ it

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As a follower of Jesus I will not be conformed to the patterns of this world,
I will be transformed by the renewing of my mind in Jesus!