



***“What You Say”***  
***Seize the Opportunity***  
***Part 1***

*“I have heard many things like these; you are miserable comforters, all of you! Will your long-winded speeches never end? What ails you that you keep on arguing?” “I also could speak like you, if you were in my place; I could make fine speeches against you and shake my head at you.” But my mouth would encourage you; comfort from my lips would bring you relief.”*

*Job 16:2-5*

***“The tongue has the power of life and death”.***  
***Proverbs 18: 21***

*“But encourage one another daily, as long as it is called “Today” so that none of you may be hardened by sins deceitfulness.”*

*Hebrews 3:13*

**Encourage one another daily; it helps to avoid  
sins deceitfulness**

*When you think of something good: express it*

*“David was greatly distressed because the men were talking of stoning him; each one was bitter in spirit because of his sons and daughters. But David found strength in the Lord his God” .....“and David inquired of the Lord, “Shall I pursue this raiding party? Will I overtake them?” Pursue them,” he answered, “You will certainly overtake them and succeed in the rescue.”*

*1 Samuel 30:6-8*