



“How to get through a crisis”

Walking through the valley pt 2

➤ This _____

Psalm 23:4

**“And even though I walk _____ the darkest valley,
I will fear no evil, for you are with me;”**

➤ Not everyone is at _____

➤ Get Information from _____

“All who are prudent act with knowledge, but fools expose their folly.”
Proverbs 13:16

**“only simpletons believe everything there told ! The prudent carefully
consider their steps.”** Proverbs 14:15

➤ . _____, your mind and soul to _____

to _____,

Anchor yourself to _____, and

Shelter yourself in _____

TRUST that, _____

Isaiah 43:2.... **“When you pass through the waters, I will be with you;
and when you pass through the rivers, they will not sweep over you.
When you walk through the fire, you will not be burned; the flames will
not set you a blaze. For I am the Lord your God, the holy one of Israel,
your Savior;”....**

**“Because God wanted to make the unchanging nature of his
purpose very clear.... we who...take hold of the hope offered to us
may be greatly encouraged. We have this hope as an anchor for the
soul, firm and secure.”** Hebrews 6:17..18..19

**“So we fix our eyes not on what is seen, but on what is unseen,
since what is seen is temporary, but what is unseen is eternal.”**
2 Corinthians 4:18

➤ When you feel _____ ; choose to _____

➤ When you start to _____ ; choose to _____

**“We are hard pressed on every side, but not crushed; perplexed,
but not in despair; persecuted, but not abandoned; struck down,
but not destroyed..... Because we know that the one who raised
the Lord Jesus, (Easter) from the dead will also raise us with Jesus
and present us with you in His presence.”** 2 Corinthian 4:8-9& 14

➤ Even when we don’t know what the future holds,
we do know _____

**“And we know, that in all things God works for the good of those
who love him. ... If God is for us, who can be against us?”**
Romans 8:28 & 31b

❖ Keep these things in mind :

God is still _____

You are not _____

**“Now you are the body of Christ, and each one of you is a part of
it.”** 1 Corinthians 12:27

**“A new command I give you: love one another.
As I have loved you so you must love one another.”**
John 13:34

**“By this all men will know that you are my disciples,
if you love one another.”**
John 13:35