

***“How to Get Through Crisis”
Walking Through the Valley 1***

Psalm 23

***“The Lord is my shepherd, I lack nothing. He makes me lie down in green pastures, he leads me beside quiet waters, he refreshes my soul. He guides me along the right path for his name’s sake. And even though I walk through the darkest valley, I will fear no evil, for you are with me;*”**

Today's Church of Jesus Christ:

- *Supporting*
- *Encouraging and*
- *Working together to help each other*
- *And along the way...we will discover ways to help those in our community as well*

“And our hope for you is firm, because we know that just as you share in our sufferings, so also you share in our comfort”

2 Corinthians 1:7

➤ *Our Hope*

➤ *Is firm*

➤ *Because we know*

Not everything I hear is true

Proverbs 14:15 “only simpletons believe everything there told ! The prudent carefully consider their steps.” NLT

Proverbs 13:16 “All who are prudent act with knowledge, but fools expose their folly.”

Proverbs 18 : 13 “to answer before listening – that is a folly and shame”

Not everything I hear is true

Proverbs 18:2 “fools find no pleasure in understanding – but delight in airing their own opinions.”

Proverbs 14:8 “The wisdom of the prudent is to give thought to their ways, but the folly of fools is deception.”

Not everything I hear is true

*Proverbs 23:23 “Buy the truth and do not sell it
– wisdom instruction and insight as well” (NIV)*

*“Get the truth and never sell it; also get
wisdom, discipline, and good judgment.” NLT*

- 
- *Remember not everyone is at equal risk*

- 
- *Remember this too shall pass*

1 Peter 4:12 “Dear friends don’t be surprised at the fiery ordeal that has come on you to test you, as though something strange were happening to you.”

Isaiah 24:5-4 “The earth suffers for the sins of its people, they have twisted God’s instructions, violated his laws, and broken his everlasting covenant.” NLT

2 Corinthians 4:17- 18 “For our light and momentary troubles are achieving for us an eternal glory that far outweighs the mall. So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal.”

- Remember to focus on what Is unchanging
- Focus on God's grace
- Focus on God's truth and
- Focus on God's love for you
- Focus on, no matter what you go through,
God will go through it with you

Isaiah 43:2 “when you pass through the waters, I will be with you; and when you pass through the rivers, they will not sweep over you. When you walk through the fire, you will not be burned; the flames will not set you a blaze. For I am the Lord your God, the holy one of Israel, your Savior;”

- Remember this is not the End of the Story

2 Corinthian 4:8-9& 14 “We are hard pressed on every side, but not crushed; perplexed, but not in despair; persecuted, but not abandoned; struck down, but not destroyed..... Because we know that the one who raised the Lord Jesus, (Easter) from the dead will also raise us with Jesus and present us with you to himself .”

Philippians 4:8-9 “Finally, brothers and sisters, (focus on) whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable – if anything is excellent or praiseworthy – think about such things……. and the God of peace will be with you.”



SCRIPTURE

GOD IS OUR REFUGE
AND STRENGTH,
AN EVER-PRESENT HELP
IN TROUBLE.

PSALM 46:1

